




Career Evaluation as Massage Therapist

This questionnaire takes approximately 15-minutes to complete.

 Instructions Check the most appropriate answer to the question. Read quickly and answer immediately.		Career Assessment: Massage Therapy					
Empathy							
	Question	Never	Occasionally	No Opinion	Usually	Always	Not Applicable
	I can determine what another person might want to talk about.						
	I can tell if someone is masking their true emotions.						
	I can sense if I am intruding, even if the other person does not tell me.						
	I am good at predicting how someone will feel.						
	I am good at predicting what someone will do.						
	I can spot when someone in a group is feeling awkward or uncomfortable.						
	I can pick up quickly if someone says one thing but means another.						
	I can easily tell if someone else is interested or bored with what I am saying.						
	I can identify when someone else wants to enter a conversation.						
	Other people tell me I am good at understanding how they are feeling.						
	I am happy when I am with a cheerful group; sad when the others are glum.						
	It affects me when others are distressed and panicky.						




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	Question	Never	Occasionally	No Opinion	Usually	Always	Not Applicable
	People I am with have a strong influence on my mood.						
	I am inclined to get nervous when others around me seem to be nervous.						
	I try to look at everybody's side of a disagreement before I make a decision.						
	When I am upset at someone, I usually try to "put myself in her shoes."						
	I always try to consider the other fellow's feelings before I do something.						
	I try to understand my friends by imagining how things are from their position.						
	I usually appreciate the other person's viewpoint, even if I do not agree with it.						
	I sometimes find it difficult to see things from the "other guy's" point of view.						
	Before I do something I try to consider how my friends will react to it.						
	I find it easy to put myself in somebody else's shoes.						
	I usually stay emotionally detached when watching a film.						
	I get deeply involved with the feelings of a character in a film, play, or novel.						
	It is hard for me to see why some things upset people so much.						
	I often get emotionally involved with my friends' problems.						
	Friends talk to me about their problem. They say that I am very understanding.						
	It affects me very much when one of my friends seems upset.						
	I get very upset when I see someone cry.						



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Communication							
	Question	Never	Occasionally	No Opinion	Usually	Always	Not Applicable
	I can detect the mood of others by looking at them as we converse.						
	I find it easy to see things from someone else's point of view.						
	When I talk to someone, I put myself in his or her shoes.						
	I can tell when someone doesn't understand what I'm saying.						
	When talking to people, I pay attention to their non-verbal body language.						
	I manage to express my ideas clearly.						
	I feel free to politely voice my disagreement with an authority.						
	I am completely at ease when a conversation shifts to the topic of feelings.						
	People often don't get what I am saying.						
	When I know what someone is going to say, I finish his or her sentence.						
	Emotionally charged situations make me uncomfortable.						
	People tend to misinterpret what I say.						




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	Question	Never	Occasionally	No Opinion	Usually	Always	Not Applicable
	I can detect the mood of others by looking at them as we converse.						
	I find it easy to see things from someone else's point of view.						
	When I talk to someone, I put myself in his or her shoes.						
	I can tell when someone doesn't understand what I'm saying.						
	When talking to people, I pay attention to their non-verbal body language.						
	I manage to express my ideas clearly.						
	I feel free to politely voice my disagreement with an authority figure.						
	I am completely at ease when a conversation shifts to the topic of feelings.						
	People often don't get what I am saying.						
	When I know what someone is going to say, I finish his or her sentence.						
	Emotionally charged situations make me uncomfortable.						
	I am a good listener.						
	I find it easy to express my feelings to others.						
	I have difficulty putting my thoughts into words.						




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Stamina and Endurance				
	Question	True	False	Comments
	I experience either high- or low- blood pressure.			
	I am often stressed – more than I want to be stressed.			
	I seldom have body aches and pains (...if true, please comment where?).			
	I do not have insomnia or experience sleep apnea.			
	I seldom experience fatigue or boredom.			
	I actively seek to balance my mind, body and spirit.			
	Harmony is a personal attribute of mind.			
	Acceptance of life’s circumstances comes easily to me.			
	I am considered a balanced individual (personal, private and professional me_).			
	My diet is considered healthy by my friends and family.			
	Exercise has a purpose in my life.			



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 Instructions Check the most appropriate answer to the question. Read quickly and answer immediately. Include comments, where appropriate.		Career Assessment: Massage Therapy		
Organizational Skills				
	Question	True	False	Comments
	Maintaining <i>Client Satisfaction</i> is my highest priority.			
	Appreciating a clean and safe environment is a leading goal of mine.			
	Providing comfortable attire is important for a professional massage.			
	Maintaining clearly communicated objectives is important to a client.			
	Providing clear accounting and financial information is important to clients.			
	Providing post-training, on-line support for certificated clients is necessary.			
	Providing capacity-planning for certification classes ensures quality of classes.			
	Pre- and post-assessments regarding educational classes is integral.			
	Flexibility in dealing with clients and vendors is easy for me.			
	Maintaining a client's complete records is my aspiration.			
	Patience in communications about scheduling, teaching and assessing is easy.			



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Client's Name
Evaluator's Name
Date of Evaluation
Summary of Evaluation
Empathy
Communication
Stamina and Endurance
Organizational Skills
Other

